



*Important Note: Baseline and post-injury tests for ages 5-9 are administered by an adult*

**Total Test Time: 15-20 minutes**

1. Word List

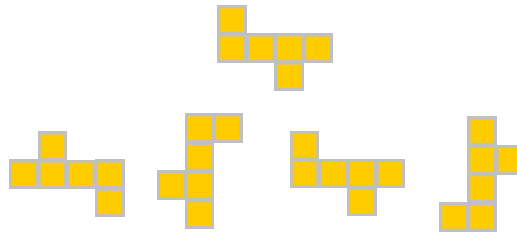
One at a time 5 random, simple words are read out loud

**hot feather water nurse corn**

You are asked to recite, in any order, as many of the words as you can remember

2. Design Rotation

You are shown one design on top and a row of four designs on the bottom



As quickly as possible, you are asked to touch the design in the bottom row that exactly matches the design on top

3. Stop and Go

You are shown a traffic light that flashes a red, yellow or green light.

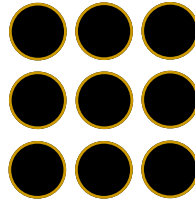


As quickly as possible, you are asked to tap the red stop button or green go button when the traffic light flashes that color

4. Memory Touch

Nine circles are displayed. One at a time, the circles will light up in a pattern.

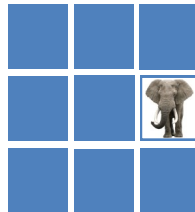
With each round, the number of circles that light up in the pattern increases.



After you watch the pattern, you are asked to match the pattern by tapping the circles in the same order that you saw.

5. Picture Match

Squares appear on the screen. You tap on any square to uncover a picture. Then, you try to find the other square that has the matching picture.



As quickly as possible, you try to match all squares on the screen.

6. Delayed Recall

You are asked to repeat back all the words you can remember from the beginning of the test.

7. Delayed Recognition

You are asked to recognize words from the beginning and animals from the matching game by tapping "yes" or "no" on the screen.

**cold**

Was this one of the words displayed?

Yes

No



Was this one of the animals you saw?

Yes

No

**24/7 Concussion Hotline: 703.970.6427**

Contact the Inova Sports Medicine Concussion Program for more information about our post-injury concussion management and individual or group baseline testing sessions.

Website: [inova.org/SportsConcussion](http://inova.org/SportsConcussion)

Email: [IMGSportsMedicine@inova.org](mailto:IMGSportsMedicine@inova.org)



Sports Medicine Partner of the Washington Nationals & Washington Redskins