



ADP Parents Meeting

June 21, 2018

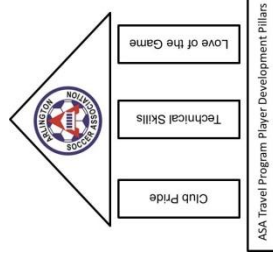


**Arlington
Soccer
Association**



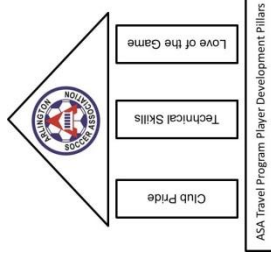
Agenda

- Introduction
- Staff
- Arlington Soccer-The ASA Way
- ADP Program Highlights
- ADP Commitment
- ADP Team Structure
- Game Format
- Fees
- Uniforms
- Fall & Spring Calendars
- Coaches Role & Philosophy
- Parents Role
- Final Thoughts
- Questions





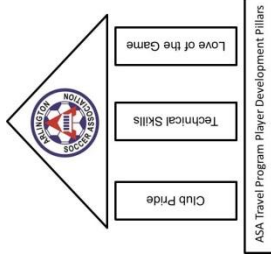
ADP Staff



- Mike Woods- ADP Director
 - mikewoods@arlingtonsoccer.com
- Grant Smith- Assistant ADP Director
 - grantsmith@arlingtonsoccer.com
- Dave Berver- Developmental Program Administrator
 - daveberver@arlingtonsoccer.com



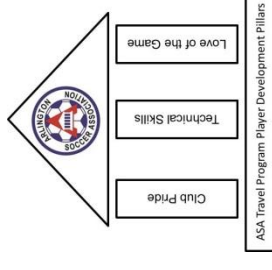
Arlington Soccer-The ASA Way



- One of the Premier Soccer Clubs in Northern Virginia
- We are **club centric** & player focused program that develops each player to their highest potential
- ADP curriculum is part of the Travel Program within ASA
- ADP is in sync with Travel curriculum and focused on long term player development
- ADP Age Groups 2010s, 2009s, 2008s, 2007s
- Professionally Licensed Coaching Staff
 - Continuous learning environment
- Coach rotation to ensure players learn from multiple coaches during their career. Supervised by the ADP Director.



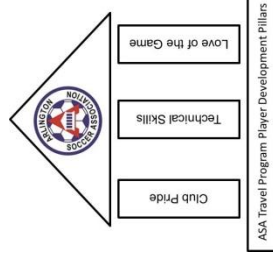
Arlington Soccer-The ASA Way



- 2nd largest Soccer Club in Virginia
- Highest Quality Facilities in Northern Virginia
 - Long Bridge Park, VA Highlands, W&L, Greenbrier Park etc..
- Recent history of success (State, Regional & National Championships, College Placement, ODP District, State, Regional & National Team players)



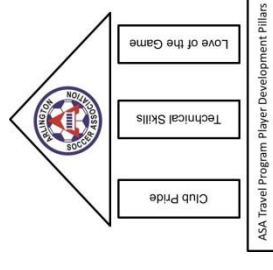
ADP Program Highlights



- Each player is placed into a ‘Practice Pool’ and a ‘Team’
- This placement can change at any time and players will be moved as needed
- For each team of 11 -14 players, one volunteer team coach will be assigned
- Two teams will be combined to make a ‘Pool’
- For each pool of 20 - 24 players, one Professional Coach will be assigned
- The two volunteer team coaches will also work with this pool (Sign up tonight)
- Practice is scheduled two times per week
- The professional coach will lead one practice for the pool under the direction of the Director of ADP
- Team coaches will lead their team practice based on their pool practice plan
- Professional coaches will be required to attend three matches during each season



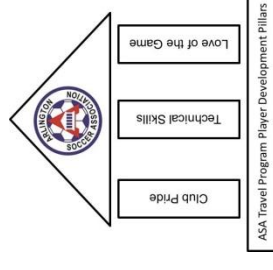
ADP Commitment



- Fall and Spring Season- Year long commitment
- Games are on Saturdays starting between 8:30am & 5:30pm
- **ADP games should take precedence over Rec games**
- Pool sessions
 - Historically have been on Mondays and Wednesdays
 - 5pm- 6:15pm or 6:15pm – 7:30pm @Gunston @VA Highlands
- Team practices- Could be any day of the week
 - Locations are across the county
 - 5pm- 6:15pm or 6:15pm – 7:30pm



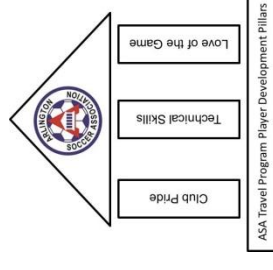
Team Structure



- 2010s- 6 Girls Teams & 6 Boys teams
Girls Play 7v7 and Boys play 8v8
- 2009s- 8 Girls Teams & 8 Boys teams
 - Play 7 v 7 - Approx. 12 players per team
- 2008s- 6 Girls Teams & 8 Boys teams
 - Girls will play 9 v 9 - Approx. 14 players per team
 - Boys will play 9v9 – Approx. 14 players per team
- 2007s - 4 Girls Teams & 6 Boys teams
 - Girls will Play 9 v 9 - Approx. 15 players per team
 - Boys will play 9 v 9- Approx. 12 players per team



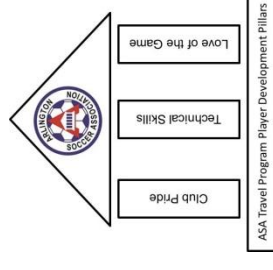
ADP Game Format



- Games 2-30 minute halves – (2010s 25 minute halves)
- Size 4 soccer balls
- Field Size-Approximately 50x70
- Goal Size-6.5 x 18.5
- Games are typically on Saturdays



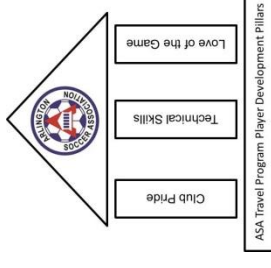
ADP Fees



- ADP Player Fee is-\$315 per player per season (Fall & Spring)
- Financial Aid is available for those that qualify
- Fees cover - professional coaching salaries, referee fees, state registration fees, player insurance, the club's administrative expenses, staff salaries, and many other expenses



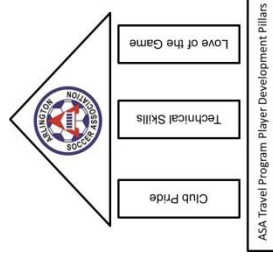
Registration Process & Uniforms



- Registration Process
- New uniforms for all players
- Match Uniforms – Blue and White
- Practice Uniform – ADP practice shirt, blue shorts, & blue socks



ADP Fall Calendar



Fall 2018

Week of 8/13 – 8/16 ADP soccer camp- Williamsburg MS 5-7pm

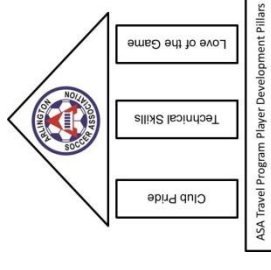
Week of 8/27 - Pool and Team Training begins (2 days a week - 10 weeks)

- Weekend of 9/8 - Matches begin (8 matches)
- Columbus Day Weekend (10/6 – 10/8) - No weekend matches
- There will be a pool session on Columbus Day October 8, 2018. No pool session on Labor Day
- Monday Pool Sessions – (Aug 27, Sept 10,17,24, Oct 1,8, 15,22,29, Nov 5)
- Wednesday Pool Sessions- Aug 29, Sept 5,12,19,26, Oct 3,10,17,24, Nov 7)
- Weekend of 11/3 - Last weekend of matches
- Weekend of 11/10 - Rain out weekend



ADP Spring Calendar

Spring 2019



Early/Mid March

- Tryouts for Spring season - only new players if space is available
- Practices and Pool sessions start – Week of March 25th

Early April

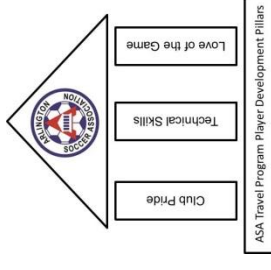
- Game start (possibly March 30th)

June

- June 1st Last weekend of games
- June 8th Makeup weekend
- Tryouts for next season late May or early June



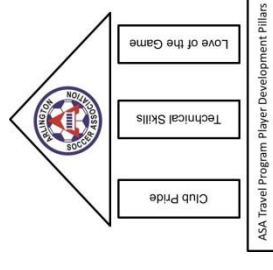
Coaches Role



- Display professionalism at all times
- Be a leader and role model for the players
- Be fair, honest and treat players with respect
- Be an effective communicator
- Provide feedback to the players (formal & informal)
- Promote our Mission Statement & 3 Pillars
 - Club Pride
 - Technical Skills
 - A love of the game



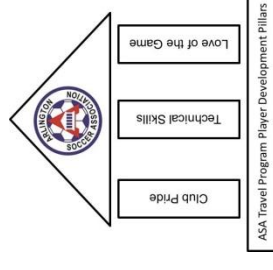
Coaching Philosophy



- We will focus on teaching skills, hard work and most importantly having fun
- Lifelong learning (Players & Coaches)
 - Importance of Fun
- Development vs. Winning
 - We want players to compete to win but development is more important
 - Peak performance for soccer players (26-30)
- Player Rotation among teams (Club Centric)
- Focus on technical skills, skill development & basic tactical understanding
- Encourage experimentation, creativity, risk taking, 1v1 & Ball Mastery
- Professional Practice Environment
 - Practice uniform is required
 - Commitment/Integrity & Respect
- Playing time roughly equal but must be earned based on
 - Attendance & Punctuality-Practice & Games
 - Attitude & Effort
- Realize and appreciate we are coaching young players and not professionals



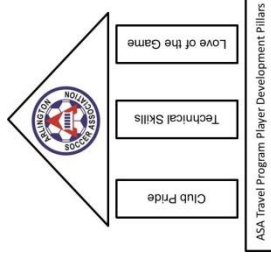
Parents Role



- Be a positive, supportive role model for your child, the team, and your coach
- Ensure your kids are on time for practice & games
- Communicate questions and issues directly to the Parent or Professional coach in a civil and timely fashion
 - Unresolved issues can then be escalated to Director of ADP
- Let the Coach due his/her Job-**No coaching from the sidelines**



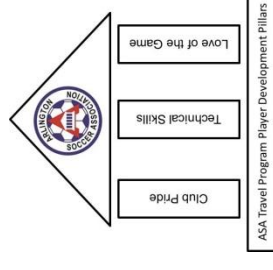
Parents Role (Cont)



- Enjoy the game with your kids
- Practice with them in the backyard
 - Become a fan with them-Take them to games (DC United, Washington Spirit, College, HS etc...)
- Watch soccer on TV
- Don't talk about the game on the car ride home unless your child brings it up
- Let your child know that you "Loved watching them play"



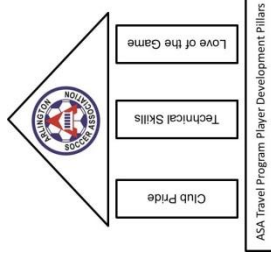
Parents Role (Cont)



- **5 Signs of an Ideal Sports Parent**
 - Cheer everybody on the team, not just your child
 - Model appropriate behavior-No yelling at the referees
 - Know what and when it is suitable to talk with the coach
 - Know your role (Parent)
 - Be a good listener and a great encourager
- **5 Signs of a Nightmare Sports Parent**
 - Overemphasizing winning at the expense of sportsmanship
 - Having different goals than your child
 - Treating your child differently after a loss than a win
 - Undermining the coach
 - Trying to Live out your own athletic dream through your child



Final Thoughts



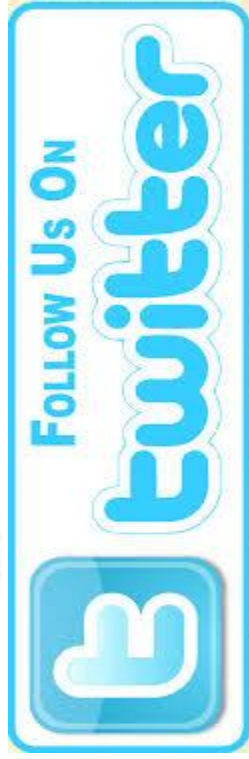
- Arlington Soccer provides the highest quality, focused training environment for player development in Northern Virginia
- Our technical staff, coaches, administrators, organizational structure, and facilities are the best in Northern Virginia
- We are focused on providing the highest quality youth soccer experience



<http://www.youtube.com/watch?v=eFsF0Z9EKDg>

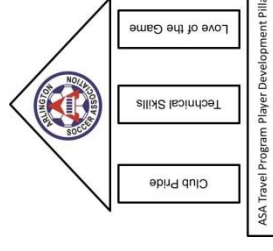


Questions



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