

ASA Recreational Soccer Formats (Referee Version) - Updated Spring 2017

Grade	Format	Length	Min # of Players	Field Size (approx)	Ball Size	Restart from Sidelines	Offside?	Free Kicks	Slide Tackling?	Heading Allowed?	Special Rules?	Substitutions
2 nd	4v4	4x12	3	35x25	3	Throw in (with forgiveness)	No	All Indirect	No	No	None	Any Stoppage
3 rd	7v7	2x25	5	65x45	4	Throw in	Yes	Indirect & Direct	No	No	Build Out Line	<p>Out at Endline: Either team can sub</p> <p>Out at Sideline: Only team in possession can sub (unless both teams are subbing)</p>
4 th	7v7	2x25	5	65x45	4	Throw in	Yes	Indirect & Direct	No	No	Build Out Line	
5 th	9v9	2x30	6	80x55	4	Throw in	Yes	Indirect & Direct	No	No	None	
6 th	9v9	2x30	6	80x55	4	Throw in	Yes	Indirect & Direct	No	Yes	None	
7 th	11v11	2x30	7	105x65	5	Throw in	Yes	Indirect & Direct	Yes	Yes	None	
8 th	11v11	2x30	7	105x65	5	Throw in	Yes	Indirect & Direct	Yes	Yes	None	
High School	11v11	2x30	7	105x65	5	Throw in	Yes	Indirect & Direct	Yes	Yes	None	